## Praise shaker

## What you will need:

- Strips of the Bible verse (page 2), preferably printed on coloured paper
- Empty soft drink/soda bottles (plastic)
- Beads, seeds, rice, popcorn kernels or small stones
- Clear adhesive tape

## Instructions

- Wash out the bottles and allow to dry.
- Use a paper funnel to pour in some beads or seeds.
- Screw the lid back on.
- Fix the Bible verse stip around the bottle with adhesive tape.

## Suggestions on how to use the shaker

- First, demonstrate the principles of rhythm. Shake the bottle back and forth or tap it against the palm of your hand in time to the music.
- Then, practice with different patterns of rhythm (without music) so that the children can learn to synchronize with each other.
- Get the children to bring an empty bottle when next they meet or slowly add to the collection. You may want to use different verses on the bottles, which the children can read aloud during their time of worship.
- Teach the children that when we are joyful in the Lord we may want to praise Him by making a loud noise, as the psalmist tells us to do in Psalm 150.
- However, there should also be times of quietness and reverence when the bottles should be put aside so that the children can worship the Lord with a quiet spirit.







Shout for joy to the LORD, all the earth.

Worship the LORD with gladness;
come before him with joyful songs.

Psalm 100:1-2

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